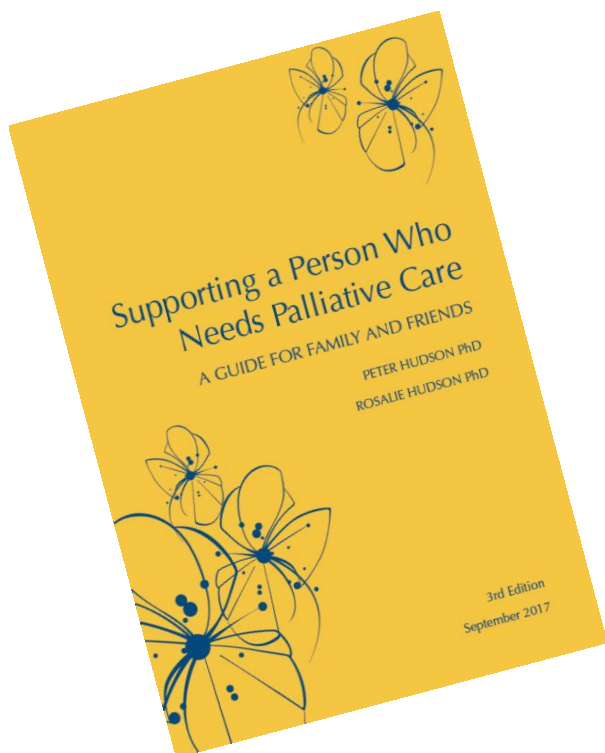


# Supporting a Person Who Needs Palliative Care



A GUIDE FOR FAMILY AND FRIENDS

3<sup>rd</sup> Edition 2017

DR PETER HUDSON PhD

DR ROSALIE HUDSON PhD

“This guidebook provides a comprehensive and practical resource for family carers of people diagnosed with a life threatening illness who require palliative care. Providing the best support to a person who needs palliative care can be made easier by getting appropriate information and finding the relevant resources. This means knowing what questions to ask, when and who to ask, and importantly how to look after oneself.

I am confident that this significant resource will help, whether you are reading it just in case, or in those moments when the road ahead seems just a little too difficult to find.”

**Dr Brian Le**  
Head, Department of Palliative Care  
The Royal Melbourne Hospital, Australia

*“This is a really great resource, and one I wish had come my way when I was caring and stumbling along, reinventing the wheel. It’s a handbook for the whole journey, and I can see someone referring to it many times over for reassurance and guidance. Full of liberty and generous permissions, and strengthened by the anecdotes from family carers which bring out the human elements.”* Sue Binzer, family carer

## SUPPORTING A PERSON WHO NEEDS PALLIATIVE CARE

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